Nervous System associated pathological conditions in equines: The true Rivals

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Abstract

The nervous system affections are one of the major reason for death in equines. These affections can involve a huge spectrum of etiologies namely viral, bacterial, parasitic, fungal, algal, plant toxins, mycotoxins etc. Botulinum and tetanus are among most commonly known deadly conditions affecting nervous system in equines. Botulinum (BoNT) and Tetanospasmin are the most potent known neurotoxins respectively which are majorly involved in nervous system damage. However certain parasitic diseases like EPM and Toxoplasma are also involved in many encephalitic conditions. Cryptococcus is among one of the most important known fungus causing encephalitis in equids. Often certain plants like Pteridium aquilinum and Locoweed etc. ingested by equines lead to lesions in brain and the toxins present in these weeds are having different specificity for different parts of brain e.g. Cerebrocortical necrosis (3rd, 5th& 6th layer of cerebrum) by Pteridium aquilinum and injury to Purkinje cells and cerebral cortex by Locoweed. In this article we are mainly focusing on certain bacterial, parasitic, fungal, algal and plant toxicity induced conditions causing encephalitis in equines as these conditions are often overlooked.

Keywords: Equine, nervous system, bacteria, toxins, diagnosis

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Introduction

Most of the bacterial diseases are sporadic rather than epidemic in equines as far as the affections of nervous system are concerned. Bacteria of genus Streptococcus often leads to meningitis or abscess in brain. In one of the study *Staphylococcus* spp. was found to be involved as a major cause of encephalitis [1] while some researchers investigated *E. coli, Streptococcus* spp., *Staphylococcus* spp., *Listeria* and *Actinobacillus* as major contributors for encephalitis and encephalomyelitis in horses [2]. *Streptococcus* spp., *Staphylococcus* aureus and Gram- negative enteric bacteria are most frequently isolated causes of encephalitis in foals [3]. Most of the bacterial affections of brain in foals are because of lack of humoral immunity and increased permeability of BBB [4]. However, *Streptococcus equi* subspp *equi*, *Zoopedemicus, Streptococcus suis, Klebsiella pneumoniae, Pasteurella caballi, Actinobacillus equuli, Actinomyces* spp. and *E.coli* [5-7] are identified as major bacterial pathogens associated with encephalitis in adult horses. In many of the cases causes of meningitis are not clear [8].

The lesions in brain can be associated with some surgical interventions or external injuries as well. The meningitis and encephalitis may be found to occur by skull fracture, pituitary abscess (as fenestrated BBB) and extension of infection from adjacent organs like guttural pouch or retropharyngeal lymph nodes etc. [8]. Meningitis is mostly secondary to brain abscess [8, 9]. Diagnosis of bacterial meningitis can be made on the basis of clinical examination, where neutrophilia is most significant feature along with increase fibrinogen level in blood [10] and blood culture also indicate positive results if any infection is present [11].



Figure 1 General etiologies involved in equine encephalitic conditions

Table 1	Common b	oacterial	diseases	associated	with	nervous	system	affections	in e	quines
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Bacterial diseases	Note	
• E. coli	•	Mainly G- bacteria (Adult: Streptococcus spp.,
Actinobacillus equuli		Foals : <i>E.coli</i>) are responsible to cause
• Streptococcus equi		encephalitis in equines
Streptococcus zooepidemicus	•	In most of the cases, meningitis (3.4%) has been
• Salmonella spp.		seen with encephalitis or complicated (5.7%) by
Pasturella caballi		other major infections (e.g. Strangles)
Psedomonas aeruginosa	•	In most of bacterial meningitis cases, abscess
Enterococcus		formation is often seen, but in Actinobacills
Rhodococcus equi		equuli-optic neuritis and Leptomeningitis;
Brucella abortus		Salmonella sppLeptomeningitis; Psedomonas
• Mycobacterium bovis		aeruginosa- Abscession / Leptomeningitis also
• <i>Staphylococcus</i> spp.		have been reported.
Actinobacillus lignieresii		
• Klebsiella pneumoniae type 1		
Listeria monocytogenes		

Bacterial diseases associated with the damage to Neuromuscular (NM) junction *Tetanus*

It is an acute disease associated with a neurotoxin i.e. tetanospasmin released by a spore forming (drum stick like terminal spores) bacteria *Clostridium tetani* which leads to autonomic dysfunction [12, 13]. Lambs and horses seems to be most vulnerable to this disease, while ruminants, birds and carnivores are less susceptible [14]. This bacteria through wounds enters inside the body and due to decline in local oxygen tension spores germinate and leads to the production of toxins namely tetanolysin and tetanospasmin [15]. Tetanolysin damages viable tissue, thereby lowering the redox potential and creating favorable conditions for expansion of the anaerobic infection [16].

Tetanospasmin is basically a zinc-dependent metalloproteinase adsorbed into nerve terminals of lower motor neurons by retrograde transport and targets a synaptobrevin/vesicle-associated membrane protein (VAMP) thereby

inhibiting the release of GABA and glycine and ultimately leads to hyperactivity and increased muscle tone in the form of rigidity and spasms [17]. The main target sites for tetanus toxin are spinal cord, brain stem, and neuromuscular junctions.



Figure 2 Pathogenesis of bacterial encephalitis



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The clinical manifestations in horses includes increased sensitivity to external stimuli, rigidity of muscles around head and neck, increased tones of the masticatory muscles (trismus), prolapse of the *membrane nictitans*, "sawhorse posture" in mild cases and elevation of the tail head [18, 19]. A very few reports of hemorrhages in psoas muscle and cardiovascular problems are recorded otherwise no specific lesions of this disease have been noticed till date [20].

Botulism

Clostridium botulinum is a spore-forming bacteria, 1st isolated by Van Ermengem in Belgium in year 1895 from the spleen of a patient and was capable of producing neuromuscular disorder of horses and other mammals through a neurotoxin botulinum (BoNT) [21, 22]. BoNT is most lethal toxin known even lethal at 1 ng/kg bwt in human beings and also designated as category A bioweapon [21]. This toxin is having 8 phenotypes (A-H), among these A, B, E, F, G and H affect humans, types C and D affect horses and ruminants, while type E affects fishes [22, 23 & 24]. Ingestion of preformed botulinum toxin in decaying vegetable matter or carcasses is the most common cause of botulism observed in adult horses [25].

BoNT bind irreversibly with receptors on the presynaptic nerve terminal through gangliosides and a protein receptor possibly synaptotagmin (for BoNT types A, B, and E) [26]. The binding process is followed by internalization by receptor mediated endocytosis and cleaving the SNARE protein preventing exicytosis of Ach and ultimately flaccid paralysis. At last the blocking leads to inhibition of acetylcholine release at the neuromuscular junction and resultant generalized lower motor neuron and parasympathetic dysfunction. This includes dysphagia, flaccid paralysis, diminished pupillary reactivity, decreased eyelid movements, tongue tone, progressive flaccid tetraparesis and tetraplegia, and death due to respiratory failure.

In horses the associated forms of botulinum intoxication includes forage poisoning (by ingestion of the preformed toxin present in feedstuffs), wound botulism (sporulation of *Cl. Botulinum* in wounds followed by production and systemic absorption of toxin), and toxico-infectious botulism. The toxico-infectious botulism (shaker foal syndrome and grass sickness/equine dysautonomia) mainly occurs through ingestion of spores with subsequent production and absorption of toxin from the gastrointestinal tract of foals [24]. In shakers foal syndrome the foal died mainly because of aspiration pneumonia as this toxin reaches the neuromuscular junctions via the bloodstream and foal shows loose milk from the mouth. Grass sickness/equine dysautonomia is associated with intestinal lesions along with pathognomonic histopathologic ganglionic changes as chromatolysis, cytoplasmic vacuolation and the presence of smooth round eosinophilic bodies/spheroids within or adjacent to perikaryon [27, 28].

Characteristics	Tetanus	Botulism
Organism	C.tetani	C.botulinum
Major neurotoxin	Tetanospasmin	Neurotoxin (BoNTs-A to H)
Toxin binding site	Post synaptic vesicle	Presynaptic vesicle
Type of Paralysis	Spastic paralysis	Flaccid paralysis
MOA	Inhibition of GABA and Glycine	Inhibition of Ach release
Symptoms	Saw horse stance, prolapsed 3 rd eyelid, lock jaw	Reduced glandular secretions and parasympathetic activities
Susceptibility	Horse and human (birds resistant)	All species except pigs and vultures
Presence	Soil	Soil, contaminated food
Prevention	Vaccine	Fully cooked food
Utility	No much valuable therapeutic use	BoNTs used to treat many spastic conditions in human

Table 2 Comparison between	Tetanus and Botulism: the NM	junction affecting diseases
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Parasitic diseases

Major parasites causing encephalitic conditions in equines includes *Strongylus* spp., *Draschia megastoma*, *Habronema* spp., *Seteria* spp., *Protostongylus* spp., *Hypoderma* spp., *Halicephalobus gingivalis*, *Balamuthia mandrillaris*, *Sarcocystis neurona*, *Trypanosoma evansi* and *Taenia multiceps* etc. (Table No.3)

Fungal and algal diseases

Cryptococcus neoformans, Aspergillus niger/fumigatus

Mycotic encephalitis in equines is not common and very few cases associated with cryptococcal organisms and *Aspergillus* have been reported [30]. *C. neoformans* and *C. gattii* are the two most common implicated species causingmycotic encephalitis in horses and are found in sub-tropical and tropical regions respectively as far as vast global distribution is concerned [31]. This fungus is mainly transmitted through inhalation of pigeon's (*Columbia livia*) dropping, which is a major reservoir for the fungal agents and transmitted very rarely by cutaneous route [32-34].

Table 3 List of important	parasitic conditions	associated with	nervous system	affections [29]
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Parasite	Associated condition
Schistosoma japonicum	Cerebral schistosomiasis
Taenia multiceps (Coenurus cerebralis)	Gid/Sturdy/Staggers
Setaria digitata	Epizootic cerebrospinal setariosis or lumbar paralysis
Strongylus vulgaris, S. equines, Draschia megastoma,	Verminous encephalitis by migrating larvae
Angiostrongylus cantonensis and Parelaphostrongylus	
tenuis	
Halicephalobus gingivales	Deletrix
Hypoderma lineatum and H. bovis	Hemorrhagic malacia by larval migration in
	the brain stem
Trypanosoma evansi	Sub-acute to chronic non-suppurative meningoencephalitis
Sarcocystis neurona, Neospora hughesi	Equine protozoal myeloencephalitis (EPM)

C. neoformans transmigrates via the capillaries and enter via endocytic pathway thereby forming lipid rafts with damaged endothelial cells, where the fungal hyaluronic acid combines with host cellular CD44 receptors and migrates across the endothelium [35-37]. Trojan horse model theory has suggested that the fungus is phagocytosed by macrophages thereby penetrate the BBB similar to that of Toxoplasma organisms [38-41]. A latest study showed that the fungi uses the host's leukotriene receptors to penetrate the BBB and when host signaling proteins are activated (mainly RhoGTPases) it is able to cross BBB. The cryptococcal organisms leads to formation of multiple granulomas in lungs along with meningitis, but in one case bilateral blindness was seen on neurological examination [42]. So far very sparse cases of equine crptococcosis have been reported, that's why the specific species involved in equids have not been [42, 43]. While the encephalitis associated with *Aspergillus* spp. is always a sequlae to guttural pouch infection. It causes foci of softened tissue mass, destruction of neuropil with infiltration of microglial cells admixed with neutrophils and few giant cells, septate hyphae along with hemorrhage, thrombosis and vasculitis in brain.

Algal encephalitis

There is no reports of algal encephalitis in equines except two cases of rhinitis and cutaneous Protothecosis, while algal encephalitis caused by Prototheca has been reported in dogs and cats [44].

Equine neurotoxic plants/Mycotoxins

Neurotoxins are often associated with acute toxicity while chronic toxicity is rarely seen [45]. The mechanisms associated with disruption of nervous system activities varies according to the type of toxin present in the plant ingested. Some of them can affect ion pumps or ion channel activities and signal transduction of neurons, while some inhibit the enzymatic mechanisms which ultimately break down the neurotransmitters like alkaloids [46, 47]. Plants like *Equisetum arvense* (horse tail) often used as medicinal plant but can cause neurotoxicity as well [48]. Some of the plants show species specificity while some causes neurotoxicity almost in all species like locoism associated with locoweed toxicity. (Table No. 4)

Diagnosis

The diagnosis of encephalitic conditions in equines is based upon many factors including season, vector and host involvement, type of etiology associated, clinical, serological and molecular results etc. In most of the bacterial diseases associated with encephalitis or meningitis, an increase in WBC's count (neutrophilic pleocytosis), protein value, lactate concentration and decrease in glucose concentration has been reported. For detecting cryptococcal meningitis, LCAT serum cryptococcal antigen tests, lateral flow assay, staining with Indian ink or nigrosin or NARAYAN stains are rapid and sensitive procedures. Plants/Mycotoxins induced neurotoxicity can be investigated on the basis of feed analysis, toxicological examination of gut contents (by thin layer chromatography, HPLC analysis), gross and microscopic examination (e.g. Alzheimer type II astrocytes in brain tissue in hepatic encephalopathy) clinical examination of serum samples (increase hepatic enzymes in hepatic encephalopathy).

Plant/ Mycotoxin	Toxic Principle	Site of action
Plants	-	
Bracken fern (Pteridium	Thiaminase	Cerebrocortical necrosis (3 rd , 5 th , 6 th layer of
aquilinum)		cerebrum)
Black locust (Robinia	Glycoside robitin	CNS
pseudoacacia)		
Trachyandra divaricate	Lipofuscin	CNS
Phalaris aquatica	Granular pigment	Brain stem, spinal cord and dorsal root ganglia
Locoweed (Astragalus and	Swainosine (inhibit alpha-mannosidase)	Purkinjee cells and cerebral cortex
Oxytropus)		
Water hemlock	Cicutoxin	CNS
Western whorled milkweed	Cardenolides	Spinal cord
(Asclepias sub verticellata)		
Equisetum arvense (horse	Thiaminase	CNS
tail)		
Yellow star thistle	DDMP(dihydromethylpyrane)	Nigropallidal encepalomalacia (bilateral malacia in
		substantia nigra)
Rye grass	Lolitrems	Inhibit GABA
Crotolaria spp., Amsinkia	Pyrrolizidine alkaloids	Compromised ammonia detoxification in liver
spp. etc. (hepatotoxic plants)		(cerebral cortex and basal nuclei are mainly affected)
Mycotoxins		
Modly corn poisoning	Fumonisin (B1 B2 B3) (Inhibit	Leucoencenhalomalacia

Table 4 Neurotoxic plants/Mycotoxins and their possible mechanisms of action [49-52]

Mycotoxins		
Modly corn poisoning	Fumonisin (B1, B2, B3) (Inhibit	Leucoencephalomalacia
(Fusarium moniliformis)	sphingosine synthetase)	
Claviceps paspalli	Paspalitrems	Inhibit GABA



Figure 3 Common diagnostic methods for bacterial encephalitis

Conclusion

The sound functioning of entire body is relying upon nervous system, as it is a major regulatory component of the body and any condition affecting this system leads to huge losses to equine practitioners in terms of fatality and morbidity. The management of these conditions associated with nervous system malfunctioning is a foremost challenge to equine health practitioners and veterinarians. As far as global health of this precious species is concerned, the premier goal of every equine practitioner is to develop and provide advanced neuro-protective strategies to control these deadly conditions. The investigation of many prevalent but unknown etiologies of encephalitis in equids is highly recommended.

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